



Get dressed.



Go for a walk.



Play in backyard.



Computer time.



Watch TV.



Play with toys.



Computer time.



Watch TV.



Time to read.



Take a bath.



Take a shower.



Wash hands.



Bed time.



Nap time.



Go swimming.



Time for desk work.



Snack time.



Put clothes away.



Set the table.



Sort silverware.



Clean up.



Unexpected event.



Fold towels.



Feed pet.



PM

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## Directions for making icon schedule:

- 1. Print icons on cardstock in color if possible.
- 2. Laminate if possible.
- 3. Cut out each icon.
- 4. Print out AM/PM page.
- 5. Laminate if possible.
- 6. Cut AM/PM page along line in center into an AM strip and a PM strip.
- 7. Tape or glue AM strip on the left inside of a folder, making sure the gray strip is not adhered to the folder.
- 8. Tape or glue the PM strip onto the right inside of the folder, making sure the gray strip is not adhered to the folder.
- 9. Tape a Ziploc baggie onto the back of the folder.
- 10. Using paperclips, affix the icons in the desired order onto the gray strips of the AM and PM pages in the folder.
- 11. Keep extra icons in the Ziploc baggie on the back of the folder.







## Directions for using icon schedule:

- 1. Before each activity, have your child check the schedule.
- 2. Have your child remove the icon for the next activity.
- 3. Once the child knows what to do next, have them place the icon into the Ziploc baggie on the back. You may need to have your child go to the location of the next activity prior to placing the icon in the baggie.
- 4. If an unexpected activity comes up, put the "Surprise" icon on the schedule. This allows your child to know that something has changed and will help to minimize their anxiety.